

Practice Perceiving Contour Lines

This exercise will train your eyes to see lines more accurately. Place this sheet into a plastic page protector and use a dry erase marker for **tracing** the lines. Use white drawing paper and pencil to **copy** the lines.

1. Choose one of the line designs. Use a dry erase marker, start at the dot and **trace** the line with one continuous stroke.
2. “Blind Contour” drawing. Get ready to **copy** the line onto drawing paper with your pencil. Cover your drawing hand with a small piece of paper or cloth so that you can't see what you're drawing. Begin at the dot and slowly track the line with your eyes while your hand is drawing it in the box below. As if you were driving a car, tell your hand which direction to go. The goal is to train your hand to follow directions from your eyes and for your eyes to learn how to see accurately.
3. “Modified Contour” drawing. Copy the line, beginning at the dot. Glance back and forth from line you are copying to the line you are drawing. Go slowly, just as you did in the blind contour drawing.
4. Use this exercise daily to help strengthen your hand-eye coordination.

